

December 1 - December 30

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 All Beef Hamburger on a Whole Wheat Bun-1 Green Beans-3/4 c. Mandarin Orange Cup-1/2 c. Milk-8 oz.	2 DOMINO'S W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
5 Meatballs with Sauce on a W/G Sub Roll-1 Diced Carrots-1 c. Fresh Orange-1 Milk-8 oz.	6 BREAKFAST FOR LUNCH French Toast Sticks w/ Syrup-3 Turkey Sausage Links-3 oz. Celery Sticks w/ Dip-3/4 c. Mixed Fruit Cup-1/2 c. Milk-8 oz.	7 All Beef Italian Sub-1 (Beef Bologna, Salami, and Amer Cheese on W/G Sub Roll-1) Fresh Baby Carrots w/ Dip-1 c. strawberry Applesauce Cup-1/2 c. Milk-8 oz.	8 Salisbury Steak with Gravy-3 oz. Mashed Potatoes-3/4 c. Whole Wheat Dinner Roll Fresh Apple-1 Milk-8 oz.	9 DOMINO'S W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Diced Peach Cup-1/2 c. Milk-8 oz.
12 Chicken Fingers-3 Corn-3/4 c. Fresh Orange-1 Whole Wheat Dinner Roll Milk-8 oz.	13 Cheese Lasagna with Meat Sauce-4 oz. Green Beans-3/4 c. Whole Grain Bread Cherry Craisins-1/2 c. Milk-8 oz.	14 Turkey and Cheese on a W/G Potato Bun-1 Fresh Broccoli Florets with Dip-3/4 c. Fresh Orange-1 Milk-8 oz.	15 Hot Turkey with Gravy-3 oz. Mashed Potatoes-3/4 c. Whole Wheat Dinner Roll Fresh Apple-1 Milk-8 oz.	16 DOMINO'S W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Diced Pear Cup-1/2 c. Milk-8 oz.
19	20	21	22	23
26	27	28	29	30